

## **WSEAS - NAUN Conference Guide**

### **Conference Location:**



**Morgan State University**

**Address: 1700 East Cold Spring Lane, Baltimore, MD, USA.**

**Tel: 001 443 885 3333**

**URL: <http://www.morgan.edu/>**



## Visa

Before traveling to the U.S., a citizen of a foreign country must generally obtain a nonimmigrant visa for temporary stay or an immigrant visa for permanent residence. The type of visa you will need is based on the purpose of your travel.

**More info at:** <http://travel.state.gov/visa/>

[http://travel.state.gov/visa/questions/questions\\_1253.html](http://travel.state.gov/visa/questions/questions_1253.html)

[http://travel.state.gov/visa/temp/temp\\_1305.html](http://travel.state.gov/visa/temp/temp_1305.html)

*International Dialing Prefix USA: 011  
CITY CODE, BALTIMORE :+1 443*

## How to get to Baltimore

### By Air:

Baltimore/Washington International Thurgood Marshall Airport (IATA: BWI, ICAO: KBWI, FAA LID: BWI) is an international airport serving the Baltimore–Washington Metropolitan Area in the United States. It is commonly referred to as BWI or BWI Marshall. Located adjacent to the Linthicum CDP in northern unincorporated Anne Arundel County, Maryland, the airport is about 10 miles (16 km) south of Baltimore and 32 miles (51 km) northeast of Washington, DC. It is named after Thurgood Marshall, a Baltimore native and the first African American to serve on the Supreme Court of the United States.

**More info at:** <http://www.bwiairport.com>

***Baltimore/Washington International Thurgood  
Marshall Airport***

***Address: P.O. Box 8766 BWI Airpor ,MD21240-0766***

***Tel: 001 410-859-7111 or 800-1 FLY BWI***

The Baltimore-Washington International Airport (IATA: BWI) is located a few miles outside of the city and is accessible by car or light rail. Shuttles connect BWI to an Amtrak train station just off the airport grounds.

There are non-stop flights to BWI from just about every major airport in the country, though some cities may be seasonal or only offer service certain days of the week.

### By Bus:

Buses are an affordable way to get in to Baltimore if you are already in the Eastern Seaboard, especially if you are coming from New York or Philadelphia.

- **Greyhound** serves most major cities in North America, with two stops in Baltimore. One is a few blocks south of the stadium district, near Inner Harbor; another is at the Baltimore Travel Plaza in Southeast Baltimore.
- **Apex Bus** runs a service from New York. They offer pretty competitive rates for those traveling on a shoestring budget.
- **MVP Bus** runs a service between DC and New York. They offer competitive rates, sometimes starting at \$1, and stop in the heart of the arts and entertainment district, Station North.
- **Bolt Bus** runs a service from New York's 33rd and 7th to Baltimore's Marc Penn Station. From there, the light rail can get you Downtown, the Inner Harbor or elsewhere in town.

- **Mega bus** Arrivals and departures are located on the south side of the White Marsh Park & Ride lot, located in the northern suburbs of Baltimore near the intersection of White Marsh Boulevard and Honeygo Boulevard. MTA buses operate between White Marsh Park & Ride and downtown Baltimore. Limited parking is available in the West lot only and must have a sheet of paper with the word "megabus" on the dashboard.

### By Car:

Car parking is expensive in the inner city, roughly \$5/hr around the harbor area. The I-395 turn-off from I-95 will take you right into the harbor area, but traffic can be slow in the center of the city at rush hour and especially on game days.

### By train:

Amtrak offers frequent services into Baltimore. The Penn Station is on Charles Street in Midtown-a considerable distance from the harbor area. However, a spur of the light rail system connects to the train station, and you can ride it to the convention center, three blocks from the harbor. Some Amtrak trains also stop at the BWI (airport) station which is a few miles south of the main Penn Station.

The MARC train system provides inexpensive service between Baltimore and Washington, D.C. (and from Washington to Frederick, Maryland and Martinsburg, West Virginia). It is, however, meant to be a commuter system, and runs only during work days/hours (Monday - Friday). Check to be sure it is available when you need it. MARC trains operate through the Penn Station (designated the "Penn line" on MARC schedules) and through a station at Camden Yards (the "Camden line"), near the Inner Harbor

Source: <http://wikitravel.org/en/Baltimore>

### Car Hire:

Car rental companies that operate at Baltimore Airport:

**Tel:** 00 800 127 811

**International Phone Number** +44 161 836 6726

(From the USA 1 866 338 7366)

**Opening hours:**

**Monday – Friday**

10:00am - 18:00pm

**Saturday – Sunday**

*Closed*



Source: <http://www.rentalcars.com/ContactUs.do?affiliateCode=google&cor=gr>

## **Metro:**

### **Metro Subway**

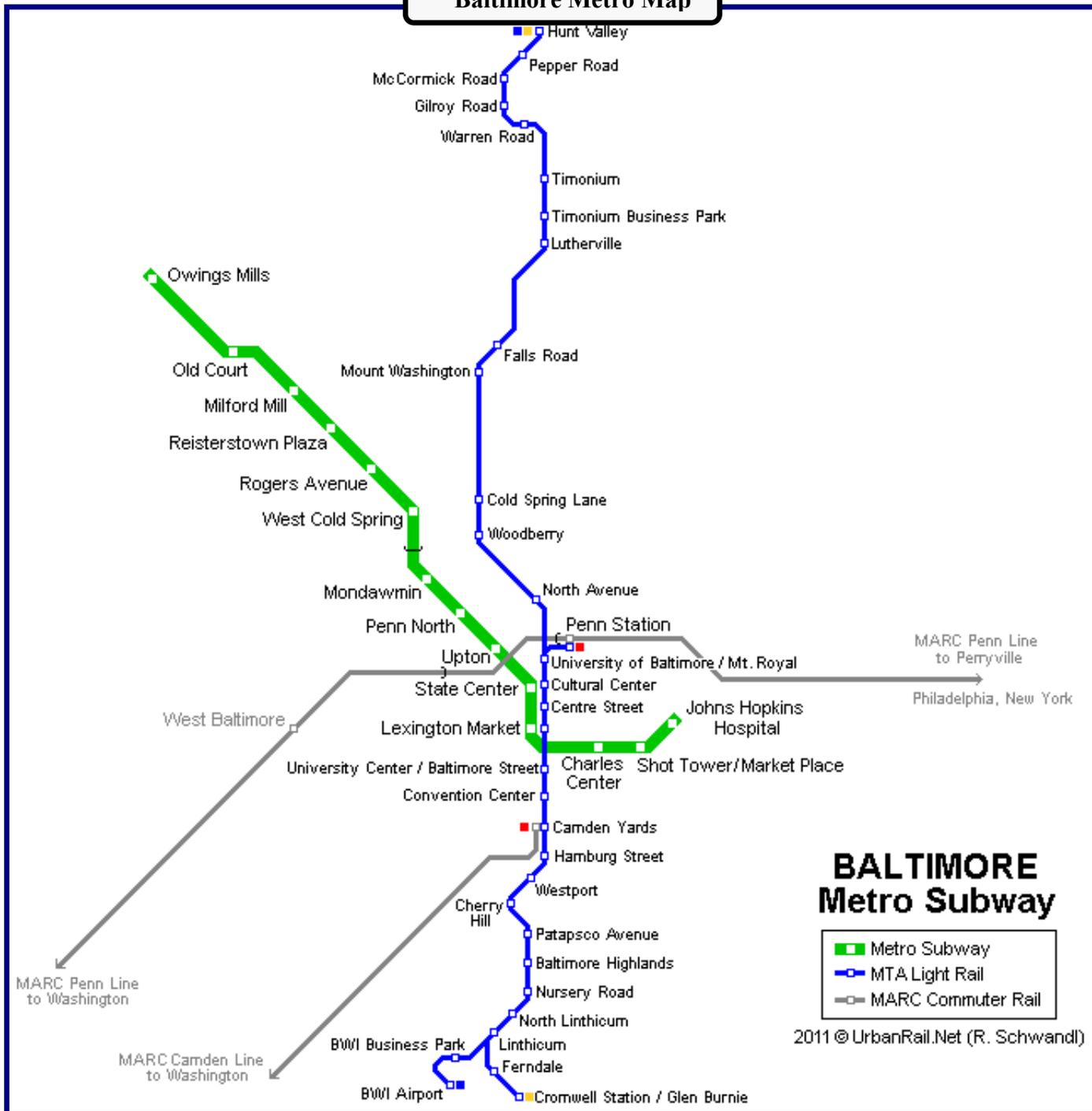
In 1972 Maryland approved the construction of a mass transit system with a total length of 45 km. Four years later, in 1976, MTA (Mass Transit Administration) began construction of a first 12.2 km segment, which was inaugurated in 1983 (Charles Center - Reisterstown). A second 9.8 km section was put into service in 1987 to Owings Mills with only two intermediate stations. Eventually in 1995, the 2.5 km stretch from Charles Center to Johns Hopkins Hospital opened for revenue service. The Baltimore Metro Subway has a total length of 24.8 km (10 km underground, 3.5 elevated, rest ground level) with 14 stations. Underground stations lie 16 - 34 m below street level. Platform length is 137 m for 6-car-trains. All stations are wheel-chair accessible. At Reisterstown Plaza and Owings Mills large park&ride facilities were built. Metro cars are air-conditioned and were ordered together with Miami's metro rail cars to save costs. Power supply is via third rail (700 V dc).

### **Light Rail**

Baltimore's Light Rail system consists of a major trunk route plus with a train every 10 minutes, which splits into two short branches at its southern end, plus a shuttle service between the city's two railway stations (Penn Station and Camden Yards station). The system operates with high-floor vehicles, and therefore all stops are equipped with a short high-level platform to allow wheel-chair access at the front door of the train. The northern and southern sections of the trunk route were built using former railway corridors, and the central section lies on-street along Howard Street.

**Source:** <http://www.urbanrail.net/am/balt/baltimore.htm>

# Baltimore Metro Map



## By taxi

### **Baltimore Water Taxi**

Baltimore is steeped in a proud and rich nautical tradition. For more than 35 years, the Baltimore Water Taxi's blue and white fleet has proven itself to be an integral part the city's history and culture. In fact, we're as much a part of the city's history as the revitalized Inner Harbor. But the Water Taxi is more than a jaunt across the harbor; it's a Baltimore institution and a way of life. Everyday, thousands of residents and visitors not only rely on us to take them safely to their destinations, they appreciate our knowledge of the area and our courteous service.

1735 Lancaster Street, Baltimore, MD 21231

Ph.410 563 3900



## Baltimore

**Area:** 238.4 km<sup>2</sup>

**Founded:** July 30, 1729

**Population:** 619,493 (2011)

### History:

The Baltimore area has been inhabited by Native Americans since at least the 10th millennium BC, when Paleo-Indians first settled in the region. One Paleo-Indian site and several Archaic period and Woodland period archaeological sites have been identified in Baltimore, including four from the Late Woodland period.

During the Late Woodland period, the archaeological culture that is called the "Potomac Creek complex" resided in the area from Baltimore to the Rappahannock River in Virginia.

Prior to the establishment of Baltimore as a city, the Piscataway tribe of Algonquians inhabited the Baltimore area. In 1608, Captain John Smith traveled 170 miles from Jamestown to the upper Chesapeake Bay, leading the first European expedition to the Patapsco River, named after the native Algonquians who fished shellfish and hunted. The name "Patapsco" is derived from pota-psk-ut, which translates to "backwater" or "tide covered with froth" in Algonquian dialect. Soon after John Smith's voyage, English colonists began to settle in Maryland. The English were initially frightened by the Piscataway because of their body paint and war regalia, even though they were a peaceful tribe. The chief of the Piscataway tribe was quick to grant the English permission to settle within Piscataway territory and cordial relations were established between the English and the Piscataway.

**Source:** [http://en.wikipedia.org/wiki/History\\_of\\_Baltimore](http://en.wikipedia.org/wiki/History_of_Baltimore)

City Map



## Information



### **Weather**

Baltimore lies within the humid subtropical climate zone, and weather is primarily affected by three factors: its proximity to a warm marine estuary, its low elevation, and the wall of mountains to the west and northwest. Summer: highest 80s to low 90s F and lows in the 60s to low 70s. Winters: highs in the upper 40s to low 50s, and lows in the 30s and 40s.



### **Time**

Standard time zone: UTC/GMT -5 hours  
Current time zone offset: UTC/GMT -4 hour  
Time zone abbreviation: EDT



### **Banks**

Banks are open Monday: 9:00am - 17:00pm, Friday: 9:00am - 18:00 pm, Saturday: 9:00am - 12:00pm, Sunday: Closed  
**ATM Location:** [http://locators.bankofamerica.com/locator/locator/BALTIMORE\\_MD/branch\\_and\\_atm\\_locations/locations.html](http://locators.bankofamerica.com/locator/locator/BALTIMORE_MD/branch_and_atm_locations/locations.html)



### **Post Office**

Monday-Friday: 8:30am-16:30pm  
**More Info At:** <http://www.hoursmap.com/c/baltimore-md/us+post+office-hours-locations-s1254658>



### **Shopping**

Looking for a shopping mall near Baltimore? This list of Baltimore area malls includes location information, hours and department stores.  
**More Info At:** <http://baltimore.about.com/od/shopservices/tp/BaltimoreMalls.htm>



### **Electricity**

110 volt/60 hertz



### **Special Needs**

Delegates and accompanying persons with disabilities are invited to advise the Congress Secretariat of any special requirements.



### Currency

The United States dollar (sign: \$; code: USD; also abbreviated US\$), also referred to as the U.S. dollar or American dollar, is the official currency of the United States and its overseas territories. It is divided into 100 smaller units called cents.

1.00 USD = 0.745380 EUR



### Pharmacy

Pharmacies in Baltimore are open from Monday to Friday 9:00am to 17:30pm

<http://www.whitepages.com/business/MD/Baltimore/Pharmacies>

*In Case of Emergency - Call 911, Health Services - 410-887-BCHD (2243)*

[http://www.baltimorecountymd.gov/contact\\_us/telephone/helpful\\_numbers.html](http://www.baltimorecountymd.gov/contact_us/telephone/helpful_numbers.html)

*International Dialing Prefix USA: 011  
City Code, Baltimore: 443 or 410*

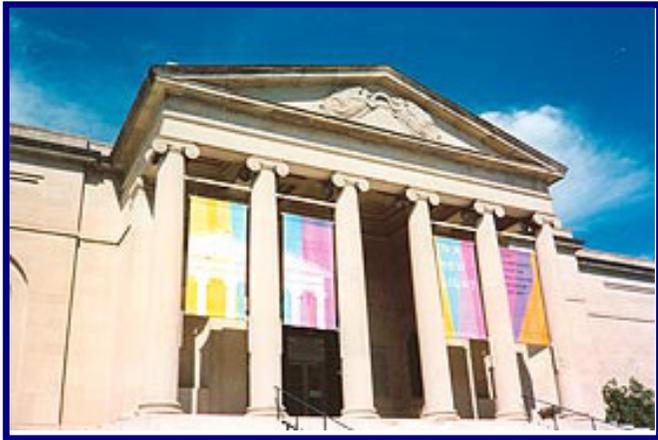
## Museums

Many visitors to Baltimore are surprised at the number of museums that can be found throughout the city. Whether you are interested in art, science, sports, or popular culture, there is a museum to suit any taste.

### **Baltimore Museum of Art**

**Address:** 10 Art Museum Drive, Baltimore, MD 21218 - 3898

**Tel:** (443) 573-1700 **Web:** [www.artbma.org/](http://www.artbma.org/)



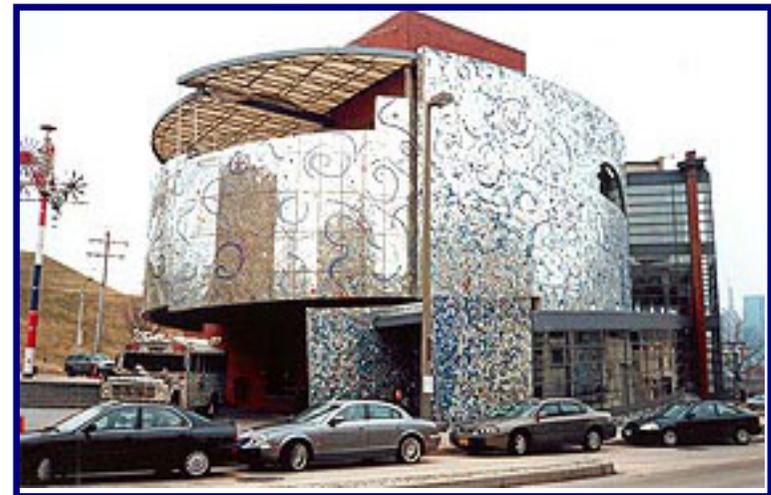
### **American Visionary Art Museum**

**Address:** 800 Key Highway, Baltimore, MD 21230 - 3940

**Tel:** (410) 244-1900

**E-mail:** [fdesk@earthlink.net](mailto:fdesk@earthlink.net)

**Web:** [www.avam.org/](http://www.avam.org/)



## **Maryland Science Center, Baltimore**

This Inner Harbor museum features interactive exhibits that focus on physics, marine biology, and astronomy. Among the most popular recent exhibits were three-dimensional nebula models and a giant meteor hanging from the ceiling of the main hall. Of more local interest is the Chesapeake Bay estuary exhibit, which features several tanks of live creatures.

### **September Hours**

The Maryland Science Center will be open to the public on Saturdays and Sundays in September. Offices will be open Monday through Friday but the facility, including exhibit halls, IMAX Theater, and planetarium will be closed for annual maintenance, gallery renewal and the installation of new exhibits.

**Saturdays:** 10:00am – 18:00pm

**Sundays:** 11:00am – 17:00 pm

More Info at: <http://www.mdsci.org/visit/hours.html>

## **Baltimore Poe House and Museum**

Edgar Allen Poe's death in Baltimore remains shrouded in mystery, but the years he spent living in the city are well documented, thanks largely to Jeff Jerome, curator of the Poe House and Museum. The row home contains Poe's telescope, writing desk and several lavishly illustrated volumes. More compelling, perhaps, are the floors he paced and windows through which he gazed and pondered.

**Address:** 203 N Amity St, Baltimore, MD 21223-2501

**Tel:** 001 410 396 7932

**Open Hours:** April-December: W-Sa Noon-15:30pm

## **Historic Ships in Baltimore**

Historic Ships in Baltimore is home port to USS Constellation, the last all-sail warship built by the US Navy, the submarine USS Torsk which sank the last two enemy combatants of WWII, USGC Cutter Taney, the last surviving vessel to witness the Japanese attack on Pearl Harbor, 7 December 1941, Lightship 116 Chesapeake, which marked the entrance to the Chesapeake Bay and the Seven Foot Knoll Lighthouse. The museum is open daily from 10:00am to 4:30pm. Tickets may be purchased on-line or at our ticket locations on Pier 1, Pier 3 or on board the USCGC Taney.

**Address:** Pier 1, 301 E Pratt St, Baltimore, MD 21202-3134 (Formerly USS Constellation) (Inner Harbor) **Tel:** 410-539-1797

**Open Hours:** Mon-Sun 10:00am to 16:30pm

**Sources:**

[http://travel.yahoo.com/p-travelguide-2826313-baltimore\\_things\\_to\\_do-](http://travel.yahoo.com/p-travelguide-2826313-baltimore_things_to_do-)

[http://www.tripadvisor.com/Attractions-g60811-Activities-Baltimore\\_Maryland.htm](http://www.tripadvisor.com/Attractions-g60811-Activities-Baltimore_Maryland.htm)



## Place of Interest in Baltimore

### **National Aquarium in Baltimore**

This aquarium is perhaps the greatest attraction in Baltimore's celebrated Inner Harbor. The exhibits start small with samples of marine life from local waters, but visitors soon find themselves eye-to-eye with sharks, rays and other very large creatures. A simulated rainforest ecosystem and regularly scheduled dolphin shows round out the attractions.

**Address:** 501 E Pratt St, Baltimore, MD 21202-3103

**Tel:** +1 410 576 3800



### **Maryland Science Center**

This popular museum is located in Harborplace.

601 Light St, Baltimore, MD 21230

410-685-5225



To start out your trip you should visit Baltimore's Federal Hill Park at the intersection of Warren Avenue and Key Highway. If you stand on top of the actual hill and look toward the Inner Harbor, you will find an unforgettable view of Baltimore's skyline and cityscape\*. The Federal Hill Park and surrounding neighborhood was named after the city celebrated the ratification of the U.S. Constitution and the actual hill has been a public park since 1879. If you don't cringe at the thought of heights, another good place to get a spectacular view of the city is at "the top of the world," the World Trade Center that is, which is located at 401 E. Pratt Street (410-837-4515). Just ride the high-speed elevators to the top of the Top of the World Observation Level and Museum to discover a five-sided panoramic view of the harbor. The Observation level even and audio-visual presentations to fill you in on the city's proud heritage.

### Hippodrome Theatre



**Address:** 12 North Eutaw Street,  
University of Maryland Baltimore campus, Baltimore, MD (Downtown)  
**Tel:** 001 410-837-7400

#### Sources:

[http://www.tripadvisor.com/Attractions-g60811-Activities-Baltimore\\_Maryland.html](http://www.tripadvisor.com/Attractions-g60811-Activities-Baltimore_Maryland.html)

<http://www.baltimore.biz/things-to-do.html>

## More sights in Baltimore

### City of Baltimore

Baltimore, has an absolutely staggering number of officially designated neighborhoods, some just several blocks large, and each with its own character. They are administratively separated into nine larger regions. The following list is further simplified for the traveler and contains some of the neighborhoods you are most likely to visit.



- **Inner Harbor**

If you are a tourist, you come here. Most of Baltimore's excellent museums are here, as are most of its major hotels and the magnificent National Aquarium. The harbor views are nice too. But watch out for the tourist trap bars and restaurants!

- **Fells Point (Little Italy, Corned Beef Row)**

Fells Point could not be more complementary to the Inner Harbor—historic, with great pubs, nightlife, and restaurants, especially in tiny but very authentic Little Italy.

- **Downtown (UMB, Lexington Market)**

An incongruous mix of Baltimore's central business district, the University of Maryland-Baltimore, the awe inspiring Lexington Market, the infamously seedy "Block," and a host of jewelry shops specializing in grillz.

- **Midtown (Mount Vernon, Station North Arts, Charles St, Bolton Hill)**

One of the nicest sections of the city, home to the performing arts district, Penn Station, and a host of other attractions (Walters Art Museum, the original Washington Monument, dining and wining on Charles St, etc.) that most visitors foolishly pass over.

- **South Baltimore (Federal Hill, Locust Point, Pigtown, Fort McHenry)**

Industrial blue-collar South Baltimore is dying, and is quickly being replaced with upscale gentrified neighborhoods like Federal Hill. That's not so bad from a traveler's perspective—some of the city's best restaurants and bars have sprung forth in the booming areas.

- **North Baltimore (Station North Arts District, Hampden, Loyola, Johns Hopkins, Mount Washington)**

Most visitors to the area know only Johns Hopkins University and the always interesting commercial strip along Charles St nearby. But it is unfortunate that they overlook the quirkiest of quirky neighborhoods, Hampden.

- **Southeast Baltimore (Canton, Patterson Park, Highlandtown, Greektown)**

A heavily industrialized section of the city, home to several very enjoyable Polish, Irish, and Greek ethnic enclaves, and other surprises. Cantonites will place their neighborhood up against Federal Hill in the gentrification derby.

- **West Baltimore (Druid Hill Park, Gwynns Falls/Leakin Park, Pimlico)**

Infamous West Baltimore. If you have watched the Wire, this was where the crime was taking place! But don't be fooled. There are some major tourist draws here, like the Maryland Zoo in Druid Hill Park, Pimlico Racecourse, and Edgar Allen Poe's House. And the endless old Baltimore rowhouses, no matter how rundown, remain beautiful throughout.

- **East Baltimore (Johns Hopkins Hospital, Clifton Park Golf Course, Herring Run Park)**

Baltimore's great rivalry between east and west is certainly an example of the narcissism of small differences. Attractions in the east are very few and far between, but things are changing fast as booming Johns Hopkins Medical Campus expands and demolishes in its wake.

Source: <http://wikitravel.org/en/Baltimore>



## Dinning in Baltimore

Baltimore is known so well for it's steamed blue crabs, that the unofficial mascot for Baltimore has become the Chesapeake Bay Blue Crab (they actually turn red when cooked). Tourists and crab lovers flock to Baltimore every year to treat themselves to the tasty Old Bay covered crustaceans; so it's not at all a surprise when you see great seafood restaurants everywhere you go.

When it comes to seafood, Phillip's is one of the most well known names in Baltimore and the restaurant is conveniently located in the Inner Harbor Light Street Pavilion. Phillip's has steamed crabs and other moderately priced seafood dishes in a family friendly atmosphere.

Also in the Light Street Pavilion of Harborplace is City Light's Seafood Restaurant, which is another family friendly facility with good food and friendly service. Though City Lights does not offer steamed crabs, its menu does show many other seafood dishes at moderate prices.



### Do you like to sample new beer?

A great place for home brewed beer is **Capital City in the Light Street Pavilion** which brews it's own beer and offers water-view dining.

### The Brewer's Art

Tel: 410-547-9310 is a chic place to go for home brewed beer and European meals.



If you go to the Intercontinental Harbor Court Hotel across from the Science Center you will find Hampton's, which has been rated by Conde Naste as one of the best restaurants in the country. Here you will find some of the finest dining you have ever experienced. Beware that it is quite expensive, but if you can handle it, the meals are exquisite.

Heading north of the Inner Harbor to Mount Vernon in mid-town, you will find a variety of restaurants from which to choose. For fabulous American cuisine and an exquisite atmosphere you should try the **Brass Elephant** or **Tio Pepe's**. If you are looking for something that won't make such a dent in your wallet, try **The Silk Road**, which is a little **Afghani restaurant**, or **Akbar**, which specializes in **Indian dishes**.

Try one of Baltimore's Asian restaurants such as the **Ten O Six** in Federal Hill for Thai flavoured dishes and the **Purple Orchid** at the Inner Harbor blends Asian and French flavors in their dishes.

**Niwana** is a **Korean restaurant** uptown in Baltimore that offers serves tasty Korean cuisine and has one of the city's best sushi bars. East Baltimore is where you can find **Ikaros** for first-rate Greek cooking.

Want to be very casual? **Nacho Mama's** in Canton, southeast of the Harbor, is a Mexican eatery with giant enchiladas and spicy chili. If you find yourself here but still crave crabs, try the Crab and Corn Quesadilla, it's delicious .

In the mood for Italian? You'll be pleased to learn about Little Italy, which is a 12-block neighborhood east of the Inner Harbor. **Little Italy** is home to over 20 fine Italian restaurants, some of the most popular ones are **Sabatino's**, **Aldo's** (410-727-0700), **Della Notte**, and **Valleggia's**.

#### **More Info:**

##### **Brass Elephant**

**Tel:** 410-547-8485

##### **Tio Pepe's**

**Tel:** 410-539-4675

##### **The Silk Road**

**Tel:** 410-385-9013

##### **Akbar**

**Tel:** 410-539-0944

##### **Ten O Six**

**Tel:** 410-528-2146

##### **Niwana**

**Tel:** 410-366-4115

##### **Ikaros**

**Tel:** 410-633-3750

##### **Nacho Mama's**

**Tel:** 410-675-0898

##### **Sabatino's**

**Tel:** 410-727-2667

##### **Aldo's**

**Tel:** 410-727-0700

##### **Della Notte**

**Tel:** 410-837-5500

**Woodberry Kitchen**

**Address:** 2010 Clipper Park Rd #126, Baltimore, MD 21211

**Tel:** 001 410 464-8000

**Open Hours:**

Wednesday hours 17:00 pm–22:00 pm

Reservations: [opentable.com](https://www.opentable.com)

**Web:** [www.woodberrykitchen.com/](http://www.woodberrykitchen.com/)

**The Helmand**

**Address:** 806 N Charles St Baltimore, MD

**Tel:** 410 752-0311

**Web:** [www.helmand.com/](http://www.helmand.com/)

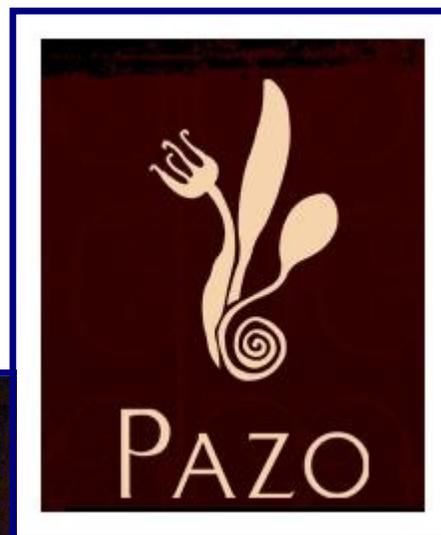
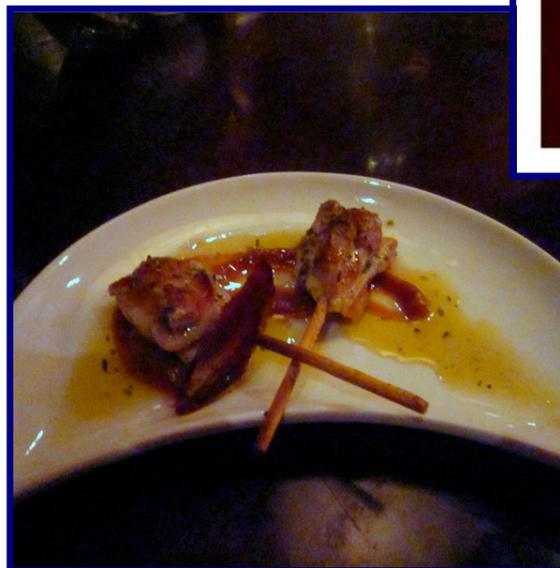


**Pazo**

**Address:** 1425 Aliceanna St Baltimore, MD

**Tel:** 410 534-7296

**Web:** [www.pazorestaurant.com/](http://www.pazorestaurant.com/)



**Source:** <http://www.baltimoresun.com/entertainment/baltimoresbest/>

Sources:

<http://travel.state.gov/visa/>  
[http://travel.state.gov/visa/questions/questions\\_1253.html](http://travel.state.gov/visa/questions/questions_1253.html)  
[http://travel.state.gov/visa/temp/temp\\_1305.html](http://travel.state.gov/visa/temp/temp_1305.html)  
<http://www.bwiairport.com>  
<http://wikitravel.org/en/Baltimore>  
<http://www.rentalcars.com/ContactUs.do?affiliateCode=google&cor=gr>  
<http://www.urbanrail.net/am/balt/baltimore.htm>  
[http://en.wikipedia.org/wiki/History\\_of\\_Baltimore](http://en.wikipedia.org/wiki/History_of_Baltimore)  
[http://locators.bankofamerica.com/locator/locator/BALTIMORE\\_MD/branch\\_and\\_atm\\_locations/locations.html](http://locators.bankofamerica.com/locator/locator/BALTIMORE_MD/branch_and_atm_locations/locations.html)  
<http://www.hoursmap.com/c/baltimore-md/us+post+office-hours-locations-s1254658>  
<http://baltimore.about.com/od/shopsservices/tp/BaltimoreMalls.htm>  
<http://www.whitepages.com/business/MD/Baltimore/Pharmacies>  
[http://www.baltimorecountymd.gov/contact\\_us/telephone/helpful\\_numbers.html](http://www.baltimorecountymd.gov/contact_us/telephone/helpful_numbers.html)  
[www.avam.org/](http://www.avam.org/)  
<http://www.mdsci.org/visit/hours.html>  
[http://travel.yahoo.com/p-travelguide-2826313-baltimore\\_things\\_to\\_do-](http://travel.yahoo.com/p-travelguide-2826313-baltimore_things_to_do-)  
[http://www.tripadvisor.com/Attractions-g60811-Activities-Baltimore\\_Maryland.htm](http://www.tripadvisor.com/Attractions-g60811-Activities-Baltimore_Maryland.htm)  
[http://www.tripadvisor.com/Attractions-g60811-Activities-Baltimore\\_Maryland.html](http://www.tripadvisor.com/Attractions-g60811-Activities-Baltimore_Maryland.html)  
<http://www.baltimore.biz/things-to-do.html>  
<http://wikitravel.org/en/Baltimore>  
[www.woodberrykitchen.com/](http://www.woodberrykitchen.com/)  
[www.helmand.com/](http://www.helmand.com/)  
[www.pazorestaurant.com/](http://www.pazorestaurant.com/)  
<http://www.baltimoresun.com/entertainment/baltimoresbest/>